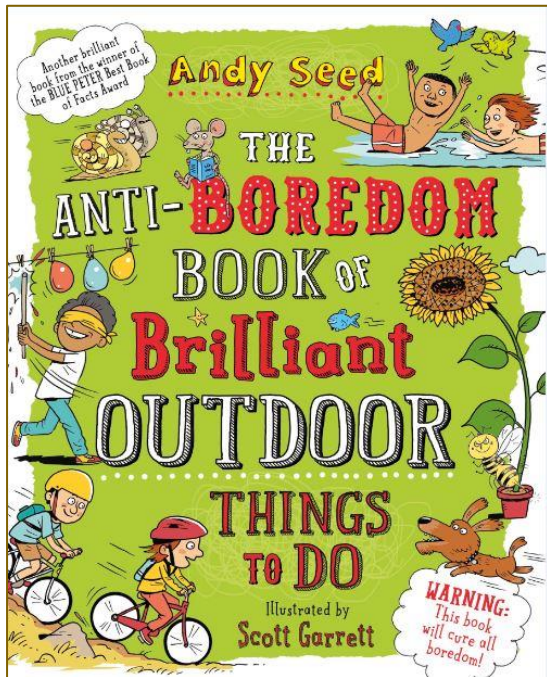


## Bits and bobs from



### Stuff you need

- Long grass



## Grass hooter

Did you know that you can make a really loud noise with just a blade of grass? Here's how.

### Get started

1. It's important to pick the right kind of grass to make this work. It needs to be a flat leaf (not a thin stem), wide and long.
2. The tricky bit is to hold the grass correctly between the base and top of your thumbs as shown.
3. Try to stretch the grass tightly then blow through the small gap between your thumbs where the grass is. You should hear a trumpet-like screech!

# Make a den

Garden dens are loads of fun. You can eat in them, play games in them, read in them, shelter from the sun if it's hot, or just mess about with your friends. Here are three different garden dens you can have a go at building.

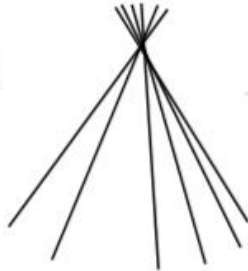
## 1. Tipi den

### Get started

**1** Tie the canes together with the string or wire about 20cm from one end, wrapping the string around them several times.



**2** Stand the canes up and spread them out to make a classic wigwam or tipi shape.



## Stuff you need

- 4-8 long garden canes (over 2m)
- Some strong string or garden wire (the thin, plastic-covered kind is easy to use)
- An old blanket
- 3 or 4 large sheets (ask before you use these and the blanket)
- Some clothes pegs

**3** Peg the sheets to the canes so that the wigwam is covered. Add a blanket inside and you're done!



# Challenge

How many words can you make from the letters of:

**W I L D L I F E**

- ⊗ They must contain at least 3 letters
- ⊗ No names of people or places are allowed
- ⊗ Targets: **10** > Good  
**15** > Excellent  
**20** > Amazing

(You'll find a list of words on page 155)

# Paper spinner

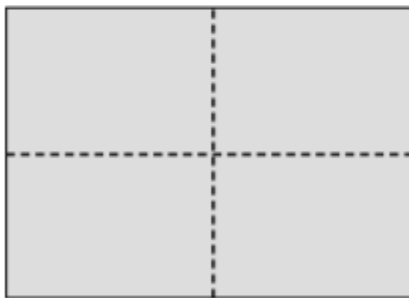
This low-tech helicopter is very easy to make. You can have competitions with your friends to see whose will stay in the air longest.

## Stuff you need

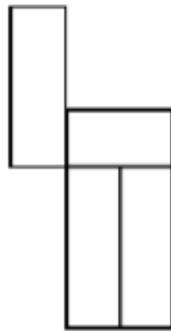
- A piece of A4 paper
- Paperclips
- Scissors, a ruler and pencil

## Get started

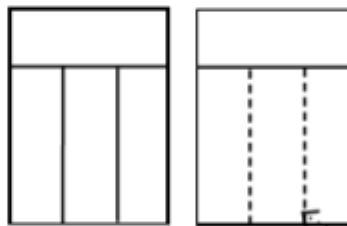
**1** First, fold the paper in half one way and then the other. Open out and cut along the lines to make four quarters.



**4** Fold the left-side flap up as shown, then turn over and do the same with the other flap.

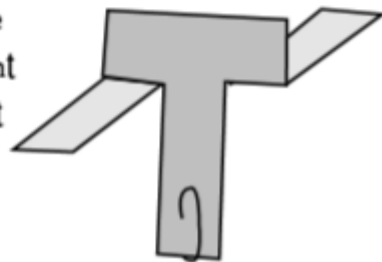


**2** Place a ruler against the top edge of one of the small pieces and draw a line across. Then put the ruler against the long edges to draw two more lines as shown:



**3** Cut where the dotted lines are, right.

**5** Pick up the top of the T shape and add a paperclip as shown. Hold it at the top then drop it – the spinner should spin! Try changing the design in different ways then drop it from as high as possible.



# Fun list

## Silly cities

These cities have lost a letter and become a bit sillier. Can you think of any more?

Cape Town

**Ape Town**

**Kiev**

Kev

Hong Kong

**Hog Kong**

**Bradford**

Badford

Miami

**Mami**

**Saint Petersburg**

Aint Petersburg

Perth

**Erth**

**Sofia**

Sofa

# Jokes

Lots of kids love playing hide and seek.  
What do these love playing?

Mice

Hide and squeak

Spies

Hide and sneak

Skunks

Hide and reek

Scaredy-cats

Hide and shriek

Old boats

Hide and leak

Haunted castle  
doors

Hide and creak

Computer boffins

Hide and geek

Fashion designers

Hide and chic

Naked runners

Hide and streak



# Footbag

Footbag is a really simple and fun game because you can play it on your own or with a small group. You will need to buy or make a footbag, though!

## Get started

**1. Here's a simple way to make a footbag with old tights.**

**2. First cut one leg off the tights with the scissors, so you have a long sock.**

**3. Pour a small cupful of dried lentils into the long sock and shake them to the bottom of the foot.**

**4. Hold the tights just above the lentils then spin the bottom (the ball of lentils) around several times so there is a good twist in the tights.**

**5. Keeping a hold of both parts, push the ball of lentils back up into the leg part of the tights, pushing it right through so the whole thing is inside out.**

## Stuff you need

- A pair of old nylon tights (ask before you cut them up!)
- A small cupful of lentils or other dry beans
- Scissors

**6. Repeat this several times: twisting and pushing the ball of lentils back through so you build up lots of layers of nylon around the lentils.**

**7. When there's about 10-15cm of loose tights left, twist this and tie a couple of very tight knots. Pull them hard and cut off any loose end. You now have a footbag!**

## To play

Footbag is like keepy-uppy with a football. You have to gently kick and flick the bag to keep it in the air. You can use any part of your foot or your knee or leg. Hands or arms are not allowed! Can you keep it in the air? Can you pass between friends? Look at some footbag videos online to see how it's done.

111

## 4. The Matchbox 20 Challenge

This is a fantastic little task that you can do outdoors in all sorts of places.

### Stuff you need

- An empty matchbox for each person

### What to do

- The challenge is very simple: to collect 20 tiny items and fit all of them inside a matchbox.
- All the objects must be different.
- They must all be collected outside.
- Ask someone to check your matchbox when you have finished.